

January 2013 - <u>http://Tacoma-WA.AAUW.net</u> - P.O. Box 65303, Tacoma, WA 98464-1303 "By joining AAUW, you belong to a community that breaks through economic and educational barriers so that all women have a fair chance."

January 19, 2013 Branch Meeting

"After Sexual Assault: How women can get care and why they usually don't." with Kathleen Britton, a sexual assault nurse examiner (SANE) for Multicare. This talk will include information on the Forensic Nurse Examiner Service and how the program sees patients in eight area emergency rooms plus information on sexual assault in general: statistics, long term effects and the problem of lack of reporting.

Our meeting will convene at **10 AM on Saturday, January 19th.** The room will be in the Commencement Wing of Tacoma General Hospital, on the 6th floor. You can reach it by entering the main hospital doors and asking for the Commencement elevators. At the 6th floor the conference room is immediately on the right. Parking is suggested in the Baker Center Garage across from the main entrance of the hospital on Martin Luther King Jr. Way. This is validated parking free of charge for the first two hours. Your ticket can be validated at the main information desk. If you have difficulty finding the meeting space at the hospital Kathleen welcomes you to call her cell number, 360 271 6167, for additional help.

Our program speaker, Kathleen Britton, has been a nurse for over 30 years, and she is a nurse-practitioner. She worked at Group Health for 20 years, delivering babies (she's a nurse-midwife). She has also worked for Planned Parenthood doing Women's Health and taught nursing students for Shoreline CC, Tacoma CC and at Harborview. She has a Master of Nursing from UW.



Holiday 2012 Gathering

JANUARY 2013 PRESIDENT'S MESSAGE PHYLLIS IZANT

I'm pleased to see so many people across in the mainstream news media and the political blogosphere covering and expressing both outrage and compassion about recent death of two women in India after brutal rapes. It seems like the last time I can recall the media and political blogosphere rallying around a raped woman so robustly was in 2007 when Halliburton/KBR employee Jamie Leigh Jones was gang-raped by male coworkers in Baghdad and then held against her will by her employer or Laura Logan during her time covering the Egyptian Spring in Cairo's Tahrir Square last year. After all, for Laura, her having been raped might make them look bad unless they spent some time asking her to tell her story. She did on *60 Minutes*.

Logan and Jones and now two dead young women in India are our sisters in a grim sorority whether we've been raped and sexually assaulted or not. As AAUW women we do not minimize what happened to them, nor suggest that they were not deserving of every bit of righteous outrage and heartfelt compassion that was afforded them. We hurt for those women.

And we hurt for the raped and gang raped women all over the world. (I would list the numerous singular cases I could find globally in the recent past after a few simple searches but it was just too depressing to list that here. I'd never be able to finish writing this monthly missive to you.) We hurt for women who are not thin, blond, beautiful, white women raped on the job. We hurt for all of them. And for the men who survive sexual violence, too.

We are paying attention to them. We know they all matter. We. Know. They. Do.

If we are to have any success in dismantling the rape culture, we know we cannot create and sustain a hierarchy of victims. We cannot rally around one victim because she is assaulted in a country on which the media is already focused, and ignore **mass rape** (Congo) in a place the majority of the media diligently ignores. And we cannot justify inattention by saying the problem is too big.

The ubiquity of rape demands more of our time and effort, not less. That's what we'll be doing in our January program as we learn about it locally. More time, more effort, more information, more understanding.

Rape culture depends on apathy. <u>Those at risk for sexual violence depend on and need our vigilant</u> <u>concern and attention</u>. Which is it going to be...? All in. Come to our January program with Kathleen Britton at Tacoma General Hospital on the Forensic Nurse Examiner program and services. Be **all in** with us.

FUND OF THE MONTH: THE CELIA GRAU TRUST

Who was Celia Grau? Celia was 24 when women got the vote in Washington (1910) and it's nice to think that she was one of the first to cast her ballot. Born in Wisconsin, she graduated from Bryn Mawr and then taught French at the University of Puget Sound. Rilla, as her friends called her, was active in Tacoma branch of AAUW in the 1950s and early 1960s. Her friends remembered her as very popular and an elegant hostess in her homes in Steilacoom and later north Tacoma. Her husband, Alfred Grau, invented a juicing machine. When Alfred died, Celia sold the patent to Vitamix (a company that still specializes in high quality blenders) and invested in real estate and stocks and bonds. She had a knack for investing and left a large estate when she died in 1980 at the age of 95. The Tacoma branch receives a percentage of the income from a trust she established. We share this income with UPS, University of Wisconsin, Bryn Mawr, the Tacoma Rescue Mission and the Animal Shelter among others. Income from the trust is distributed in December, so we get a special Christmas present. Our amount ranges from \$2,600 to \$3,800 depending upon current interest rates, and the return on the investments within the trust, which is held at Key Bank. The Celia Grau Trust allows our branch to support active projects related to AAUW's mission of equity for women and girls and enables us to keep our dues low.

INTEREST GROUPS AND NEWS HOT TOPICS

JANUARY 16, 2013 4-6 pm YMCA Lakewood **New Location!!!** 9715 Lakewood Dr SW Lakewood, WA 253-584-9622 (there is a Forza on the premises)

Living Life Off the Grid: How does it work and is it worth it?

"For most people, paying utility bills is a tiresome and frustrating task. What if there was a way to get out from under the thumb of public utilities and produce your own sustainable energy? Well, there is. Going "off-grid" is becoming an increasingly popular choice for people looking to reduce their carbon footprint, assert their independence and avoid reliance on fossil fuels." Charles W. Bryant http://science.howstuffworks.com/environmental/green-science/living-off-the-grid.htm

How to do it? Solar ovens? Self-contained toilets? Wells? Cisterns? Gardens? Moving into a camper? Is living off the grid a solution to global warming? Could it ultimately make life easier?

AAUW member Linda Olson will introduce us to the topic with her story about how living off the grid actually works. Before you come, check out the Internet for personal stories of families who tried it and what it means for lifestyle alterations. What does it take to become truly independent? We'll explore the debate about living off the grid and the feasibility of cutting back on energy consumption.

**Bonus discussion of Examiner article on Connecticut shootings: http://www.examiner.com/article/connecticut-shooting-white-males-and-mass-murder

GENEALOGY & FAMILY HISTORY INTEREST GROUP

On **Friday, January 11**, we will meet **1-4 p.m.** at the **Heritage Quest Research Library**, 1007 Main St., Sumner. During the first hour, Jim Johnson, the Library Director, will introduce us to the library, its collections and databases. When he has finished his presentation, we are welcome to stay to do our own research, and to ask questions of him and the volunteers on staff. However, the facility - a nonprofit, operated by volunteers - charges nonmembers \$5 a day to stay and work on research. Alternatively, you may decide to become a member, at \$30/year, as some of us did last fall after attending an all-day workshop arranged by Heritage Quest. Please explore the library's website at www.hqrl.com. Note: the Heritage Quest database is "no relation" to HQRL.

Sumner is rich in antique stores and interesting shops, so come in the morning for shopping, and make a day of it! Those who want to meet for lunch before our 1 o'clock presentation can meet at 11:30 at the Bistro at Windmill Gardens, 5823 160th Ave. E., Sumner. For menu, go to <u>www.windmillbistro.com</u>.

RSVP to me by Jan. 9, especially if you hope to meet for lunch, so that I can make lunch reservations.can coordinate plans. Thanks! If there is inclement weather (snow/ice), the library won't be open that day, so we'll have to reschedule.

Mary Hammond, Chair

AAUW Daytime Book Group 2012-2013

Co-Chairs: Marianne Candioglos, and Lee Ann Ufford

The Daytime Book Group meets on the 4th Wednesday of the month at 10:00 a.m. unless otherwise noted.

JANUARY 23 Half Broke Horses by Jeannette Walls Reviewer: Darlene Hostess: Helen

FEBRUARY 27 Death Come to Pemberley by P.D. James Reviewer: Jane Hostess: Darlene

MARCH 27

Among the Mad by Jacqueline Winspear Reviewer: Helen Hostess: Marilee

APRIL 22 **King Peggy** by Peggielene Bartels and Eleanor Herman Reviewer: Lee Ann Hostess: Jane

MAY 22 Reviewers: Book selection for next year Hostess: TBD



AAUW Evening Book Group, 2012-2013

6:30 (except the 6:00 May Potluck)

JANUARY 28 GUERNICA

by Dave Boling Reviewer: Dorothy Hostess: Jane

FEBRUARY 25 WILD—LOST TO FOUND ON THE PACIFIC COAST TRAIL

by Cheryl Strayed Reviewer: Susie Hostess: Jeanne

MARCH 25

PIERCE COUNTY/TACOMA READS SELECTION

Reviewer: Mary L Hostess: Kay /Joye

APRIL 22

THE IMMORTAL LIFE OF HENRIETTA LACKS by Rebecca Skloot Reviewer: Jeanne

Hostess: Colleen

MAY 20 POTLUCK BY THE GROUP

Reviewers: Hostess:





MORE INTEREST GROUPS!

Papercrafters

We will be at the Lakewood Presbyterian Church on February 7th from10:30 - 2:00 doing our individual projects.

Scrap That, 4040 Orchard in University Place (where Papercrafters met in November) is available if you want to work on your own project. The fee to use the equipment and space is \$5.00.

Not So Fast Food Group

Sorry - no meeting this month.

L.I.F.E./Elderhostel Classes

The War of 1812 in the Pacific Northwest Thursday, January 17, 2013, 10:30 a.m. –12:30 p.m. Garfield Book Co. Community Room

Annual Membership Meeting and Potluck Luncheon (Free, bring dish to share)

Thursday, January 24, 2013, 10:30 a.m. –1:00 p.m. St Andrew's Episcopal Church, 7410 South 12th Street, Tacoma

Better Bodies, Better Babies, Better Sex: Bioethics and the Pursuit of Desire

Wednesday, January 30, 2013, 10:30 a.m. –12:30 p.m. Garfield Book Co. Community Room

Marilee Titus volunteers with L.I.F.E./Elderhostel and while it is not affiliated with AAUW, it is reflective of our mission. Each class costs \$10 and there is a \$5 per quarter registration fee. Registration required. For more info, call Laura Stewart at 253 241-4166 or check out their webpage http://www.plu.edu/~lifeeldr/

Activities Calendar

January 1	Tues.	
January 2	Wed.	
January 3	Thurs.	Papercrafters at Lakewood Presbyterian Church 10:30AM-2PM
January 4	Fri.	
January 5	Sat.	
January 6	Sun.	
January 7	Mon.	
January 8	Tues.	
January 9	Wed.	
January 10	Thurs.	
January 11	Fri.	Genealogy & Family History at the Heritage Quest Research Library 1-4 PM
January 12	Sat.	
January 13	Sun.	
January 14	Mon.	
January 15	Tues.	
January 16	Wed.	Hot topics at the YMCA Lakewood 4-6 PM
January 17	Thurs.	L.I.F.E/Elderhostel Class at Garfield Book Co. Community room 10:30AM-12:30PM
January 18	Fri.	
January 19	Sat.	January Branch Meeting at the Tacoma General Hospital @ 10 AM
January 20	Sun.	
January 21	Mon.	
January 22	Tues.	
January 23	Wed.	Daytime book group at 10 AM
January 24	Thurs.	L.I.F.E/Elderhostel Class at Garfield Book Co. Community room 10:30AM-1PM
January 25	Fri.	
January 26	Sat.	
January 27	Sun.	
January 28	Mon.	Evening book group at 6:00PM
January 29	Tues.	
January 30	Wed.	L.I.F.E/Elderhostel Class at Garfield Book Co. Community room 10:30AM-12:30
January 31	Thurs.	



AAUW TACOMA BRANCH BOARD MEETING DECEMBER 4, 2012

Attending: Phyllis Izant, Dorothy McBride, Mary Hammond, Jane Hahn, Carol Rikerd. A quorum was present. The next Board meeting will be in Late January. Phyllis will use Meeting Wizard to email us possible dates and select the most convenient time.

Treasurer's Report: Dorothy McBride

The Branch made \$15 on the scarves brought for sale at the November meeting.

We have 59 paid members. Our fund balance at Greater Tacoma Community Foundation is \$52,508. Dorothy will contact Jeff Pritchard at GTCF to discuss withdrawal procedures. The amount available will be determined by GTCF. Mary Hammond moved that Dorothy contact Mr. Pritchard and secure the distribution. Jane Hahn seconded. The motion was approved unanimously.

Membership Report: Mary Hammond

The Branch has six new members this year and six prospects. Prospects will be encouraged to join. Mary is getting contact information from the Meet Up website. She is following a list of prospective members. Mary and Dorothy will contact them. It was agreed that new members should be contacted in January and taken out for coffee or lunch to welcome them. Mary and Dorothy noted that new members joining after January 1 pay half-price dues.

Dorothy is bringing membership directories to the meetings. We need a way to get the directories to members who do not come to meetings. It was decided to send an email message to members asking if a directory should be mailed.

Governance Report:

We still have no Governance Committee (By-Laws and Nominations). New nominees will be needed next spring for the offices of President, Program V. P. and Treasurer. Nominating Committee should be formed in January.

Program Committee Report: Jane Hahn

The December program will be a storyteller. Phyllis will bring a microphone. Members are asked to bring personal toiletries or a donation check for the Tacoma Avenue Shelter for women. This shelter is a Catholic Community Services project with 501(c)3 status. Jane will check on the correct agency for donation checks. A list of needed items is in the newsletter. Hand crafted soap will be brought to sell at the December meeting, with proceeds dedicated to balancing our administrative expense v. dues overage of \$224.

Upcoming programs:

January - Forensic Nursing. February - solving genealogy problems. March - annual business meeting. April - annual tea. May - Spring Luncheon at the Fircrest Golf Club. An AAUW grant recipient (beneficiary of Tacoma Branch Centennial Fund) who is doing work in anthropology is a possible speaker.

College/University Relations and Scholarship Committees: Dorothy McBride

The Board discussed the possibility of using all the GTCF money for NCWSSL. University partners would be offered the money to support candidates <u>they</u> would select. PLU is the best placement of the funds because it has a well-supported Women's Center. There is no Women's Center at UWT to coordinate a candidate search process.

Another project could be to support a student at Tech Trek week-long camp at PLU this summer. Read more about the program at http://www.aauw.org/stem/STEMcamps.

Wanda Johnson's Scholarship Committee will be meeting in January.

Archives Committee: Mary Hammond

Archives gathering/sorting work will resume in late January, with the current committee (Mary Hammond, Chair; Dorothy, Phyllis, Connie). Mary reports that we should wrap up the project in one 2-3 hour session at Phyllis's house, and then Mary will deliver the documents to archivist Ed Nolan at the Washington State History Research Center, where they will be incorporated into our existing archives collection.

Carol Rikerd, Secretary

AAUW TACOMA BRANCH MEETING DECEMBER 15, 2012

The December lunch meeting was held at The Adriatic Grill, with a program arranged by Jane Hahn. Donations of toiletries, towels, and other necessities were collected for the women clients at Tacoma Avenue Shelter.

President Phyllis Izant opened the meeting at 11:30 with introductions of new members and guests.

Treasurer Dorothy McBride announced a fundraiser to close the 2012 deficit of \$224. Hand crafted scented soaps were donated for sale to the members. Soaps could be purchased for personal use or donated to the Tacoma Avenue Shelter.

Member Stella Jones introduced Lori Kamahoahoa, Assistant Supervisor at the Tacoma Avenue Shelter (TAS). Ms. Kamahoahoa spoke about the Shelter, which is for homeless adults. The facility can accommodate 105 men and 40 women. The shelter program originally was run by the Martin Luther King Hilltop organization. Catholic Services took over the management and leased space on Tacoma Avenue. The space was renovated to better house its clients. Renovations made the facility safer for the women, some of whom experienced violence at the old facility.

Services at TAS are provided by clinical social workers who link the clients with the agencies most likely to help them. Getting housing, health care and some type of income are the primary goals, as is encouraging supportive sisterhood among the women. TAS gives clients a safe place to sleep, but is open to them only in the evenings. Meals and daytime services are available in other places. Catholic Services is hoping to open a 24 hour "one-stop" building next year. This link has more information: http://www.ccsww.org/site/PageServer?pagename=homeless_tacomaavenueshelter

After lunch Stella Jones introduced Joy Ross, President of the Fireside Storytelling League of Tacoma; see more at: firesidestoryleague.org.

Joy told a Truman Capote story, "A Christmas Memory," about a boy named Buddy, his cousin, and their annual ritual of making fruitcake. Her second story was "The Polar Express," by Chris Van Allsburg. Hearing the story told, rather than watching the movie, was a delight.

Members gathered for a group picture after the stories, and the meeting was dismissed at about 1:30.

Carol Rikerd Secretary



Membership on Sale! Half price dues special!

For new, first-time members who join AAUW between January 1 and March 15, dues for the remainder of our fiscal year ending June 30 will be reduced by 50%. So total dues (National, State, and Tacoma) for these newbies is only **\$38.50**. If you've been thinking about joining or have a friend who might like to join, this is the time to do it!

Mail your half-year dues check for \$38.50, payable to Tacoma AAUW, to

Tacoma AAUW	
Attn.: Treasurer	
P.O. Box 65303	
Tacoma, WA 98464-1303	
Please complete this form to accompany your	check. Thank you, and Welcome to AAUW!
Directory information:	Today's Date
Name	
Address	
City	State Zip
email address	
Phones: Home Cell	Work
College(s)/University(ies) attended:	Degrees:
Your birthday: month	day
How did you find out about us? (Circle one or	more)
Facebook Meetup newspaper	friend
If you were "recruited" by a current AAUW member	er, by whom?
* Note: \$23 of your half-year National AAUW	dues is tax-deductible if you itemize.